

Realize the importance of thought power and increase it by experimenting with it

Today, the Highest on High Father is pleased to see all His elevated children. Out of all the souls in the whole world, you children are the most elevated; you are the *highest*. People of the world speak of those who are the *highest in the world*. However, that is just for one birth, whereas you children are the *highest*, the most elevated of all in the whole cycle. You are the most elevated throughout the whole cycle. Are you aware of this? Look at your eternal form. You eternal souls remain close to the Father eternally. Can you see that eternally, you are the most elevated souls who remain close to the Father? All souls stay with the Father there but your place is very much closer to the Father. Therefore, eternally, you are the most elevated of all. Now move on to the beginning of the cycle, the first period of time, when all of you children have attained your deity status and are in your deity form. Do you remember your deity form? At the start of that age, you are embodiments of all attainments. You are the most elevated in all ways, in terms of your body, mind, wealth and out of all the people. You are constantly complete embodiments of all attainments. No other souls attain such a deity status. Even the righteous souls (dharmatma) and the great souls (mahatmas) are unable to experience being elevated with all attainments where there is no attainment even slightly missing. Now, move on to the middle period of time. Even in the middle period of time, you souls are worthy of being worshipped. Your non-living idols are worshipped. No other souls are worshipped as accurately, in the right way, as you worthy-to-be-worshipped souls are. Just think about it! Is anyone else worshipped as accurately as you are? Because you became karma yogis, every act you performed is worshipped. Even though there are idols of righteous souls and great souls with your idols in the temples, they are not worshipped as accurately, in the right way, as you are. Therefore, even in the middle period of time, you are the *highest*, the most, elevated of all. Now, come to the present time of the end of the cycle. At the end too, in this confluence age, you are the most elevated souls. What greatness do you have? You take sustenance from both Bap and Dada, the Supreme Soul and the first soul, that is, you take sustenance from BapDada. You study with them. You claim a right to receive shrimat from the Satguru. Therefore, eternally, at the beginning of the cycle, in the middle period and also now, at the end, you are the highest and most elevated of all souls. Do you have so much intoxication?

BapDada says: Now emerge this awareness. Constantly keep this awareness in your mind and intellect. The more you emerge this awareness, the more you will experience intoxication of this. You will also experience happiness and become powerful. You have become the *highest* souls. Do you have the firm faith that you are now the most elevated, that you became the most elevated, and that you will always be the most elevated of all souls? Do you have the intoxication of this? If the faith you have in this is strong and firm, raise your hands! Teachers too raised their hands!

You mothers are always swinging in the swing of happiness. You are swinging, are you not? You mothers have great intoxication. What intoxication do you have? That Baba has come here for you. You have this intoxication, do you not? From the copper age

onwards, everyone made you mothers fall and this is why Baba has a lot of love for you mothers. This is why Baba has especially come for you mothers. You are becoming happy, but you must constantly remain happy. It should not be that you raise your hands now, but that when you are travelling by *train*, your intoxication decreases a little. Your intoxication should be constant and imperishable. You should not have intoxication only sometimes, because it is your eternal intoxication that shows your happiness. The faces of you mothers should always be such that you are seen as spiritual roses, even from a distance. The visible speciality that everyone likes about this world university is of you mothers who are constantly like spiritual roses in full bloom and that it is you mothers who have taken the responsibility of carrying out such a huge task! Even the Mahamandleshwars believe that it is you mothers who have become the instruments to carry out such a huge task so easily! It is wrongly said of women that they can't even work together, or that they find it very difficult to work together. But who are the instruments here? It is you mothers! When people come to meet you, what do they ask? Do the women who run this organisation never fight amongst themselves? Are there never any conflicts? What they don't know is that you are not ordinary women, that you are women who have been created by God Himself, that it is God's blessings that are making you do everything. You brothers do not think that the mothers are given more regard, do you? You brothers are also remembered as the five Pandavas. Together with the Shaktis, the seven goddesses, they have also shown one Pandava. The mothers cannot do anything without the Pandavas. The Pandavas cannot do anything without the mothers. Both arms are needed, but because the mothers had been put down so much, Baba is showing you in practice that, that which everyone else in the world considers to be impossible, you have made possible. All of you are happy seeing the mothers, are you not? Are you not? You are happy, are you not? If Baba hadn't made the mothers His instruments, then, because this is new knowledge and a new system, if it were still the brothers, there would be a lot of upheaval. The mothers are their shield because this is new knowledge; these are new things. However, the brothers are always there with the sisters. The Pandavas are ahead in their own task and the sisters are ahead in their own task. All this work proceeds without any obstacles because the advice of both is taken.

Every day, BapDada sees all the work that all of you children do and how you continue to create new plans. All of you are aware of what time this is. Do you remember the time? The year 99 has almost come to an end. You were thinking that the year 99 has arrived, 99 has arrived. It was a year for you to serve and remain free from obstacles. It is in this year 99 that you have been having silent bhatthis. To the extent that everyone in the world is afraid, you are going into the depths of remembrance. There is silence of the mind anyway. You go to the bottom of the ocean of knowledge and bring back jewels of new experiences. BapDada had also sent you a signal earlier to tell you that the greatest treasure that you have, the treasure that enables you to create your future as well as the present, is your treasure of elevated thought. The thought power that you children have is a great power. It is the power of elevated thought. Everyone has thoughts, but it is only you who have the power of elevated thoughts, the power of good wishes and pure feelings, the power that enables you to concentrate your mind and intellect. The more you continue to accumulate your thought power, the more you will progress. You must not waste this power. The main way in which you waste this power is through having waste thoughts. BapDada has seen that, even now, the majority of you are still having waste thoughts

throughout the day. Those who use their physical wealth economically always have plenty. Those who waste their wealth are deceived at some time or another. Similarly, your pure elevated thoughts have so much power that you are able to increase your *catching power* and your *power to catch vibrations*. Just as the instruments of science, the *wireless*, the *telephone*, etc. do their work, in the same way, when you have the treasure of pure thoughts, then even though you may be sitting in London, you are able to *catch* the *vibrations* of souls here just as clearly as you would be able to do through the *wireless*, the *telephone* or the *TV* etc. So many of these facilities have been invented, but your *catching power* will be much clearer than any of them. This will also increase with your power of concentration. All of those supports are coming to an end. On what basis do all of those instruments function? On the basis of *light* (electricity). All the physical facilities of comfort are based on *light*. So can your spiritual power, your soul power, not do this task? You should be able to catch whatever vibrations you want from those who are near and far. Only when your mind and intellect are both concentrated and stable will your catching power increase. You will have many experiences. When your thoughts are selfless, pure and clear, you will have many experiences very quickly. Science will bow down in front of your power of silence. Even now, people think that that is something missing in science that needs to be fulfilled. This is why BapDada is once again underlining for you that your thought power will enable you to do fast service in your final stage. Therefore, pay greater attention to the power of your thoughts. Save it and accumulate it. It will become very useful. You will be able to become a soul who constantly experiments with the power of your thoughts. What is the importance of science? It is only when scientists make scientific experiments that people believe that they are doing something wonderful. Therefore, in order to experiment with your power of silence, you need the power of concentration. The main basis of the power of concentration is to have the power of controlling your mind. It is with this that you increase the power of your mind. The power of the mind is praised a great deal. Those with occult power also show miracles through the power of their mind. You too will show miracles, not with occult power, but in the right way. You will show benevolent miracles that will become blessings. Your experimenting with your thought power will prove to be a blessing for souls. Therefore, first of all, see whether you have sufficient power to control your mind. Just as with science you are able to switch something on or off in a second, in the same way, check whether you are able to control your mind for as long as you want in the way that you want. You should be able to see yourself as an embodiment of success, both for yourself and service. However, BapDada sees that, at present, you only pay ordinary attention to increasing your account of thought power. You don't pay as much attention to that power as you should. You speak and act automatically on the basis of your thoughts. There will be no need to make individual effort if you pay attention to this. You think, "Today, I will pay attention to control my words. Today, I will pay attention to my drishti. Today, I will change my attitude by paying attention to it." When your thought power is powerful, you automatically control all of these things. You will then be saved from having to labour. So, realise how important your thought power is.

The bhatthis are especially being conducted for you to be able to instil this habit. By continuing to pay attention to the habits you instill here, you will make them eternal. Do you understand how important this is? The greatest of all treasures that Baba gives you is this treasure of elevated thoughts, of thoughts filled with good wishes and pure feelings.

Baba gives this treasure to every one of you, but you accumulate it numberwise. Your power to experiment with this treasure is also numberwise. Now, have you ever experimented with your good wishes and pure feelings? Have you experienced a successful result by doing this in the right way? This is happening very little at present. Eventually, the power of your thoughts will become very great. At present, to give a message in words, you use up your time and wealth and you fluctuate. You become tired as well. However, when you are able to serve with your thought power, you save all of those things. Therefore, increase your thought power. When you increase your thought power, revelation will take place very quickly. Now 62-63 years have passed, how many souls have you prepared in that much time? You haven't even prepared 900,000 souls! You have to give this message to all the souls of the whole world, so how many billion souls are there? As yet, it hasn't become clear that God is teaching you, that God is making you move and that God, Karavanhar, is working through you. As yet, there is just the sound that all of you are doing good work, but Karavanhar is still incognito. With your thought power, you must become able to transform everyone's intellect. Whether in the form of God's divine activities or in His form of the Father, God will be revealed. Therefore, once again, BapDada is even now asking you to pay attention to increasing your power of thought and to experiment with that continuously. Do you understand?

Achcha. Today, it is the turn to meet the mothers. There is the group of mothers and those from the medical field. There are these two groups. What wonders will you mothers perform? Have you all become *members*? It is good that you are members of the Women's Wing. This is good. All of you have become *members*! This is very good. Now, we shall send everyone a list of all your names. Why? Don't be afraid! The *income tax* inspectors won't come looking for you. We will send the Government your names telling them that all of you mothers are now to become the world mothers who will reform the world. You will do this work, will you not? So, shall we send your names to the Government and tell them that all of you mothers are changing this world into heaven? Should we send it? Raise your hands! You're not afraid, are you? Don't be afraid, but pay attention that when they come to inquire about this from you, first make sure that your home has become like that, because first comes your home and then the world. Therefore, anyone who comes to visit you mothers at home will be able to see whether you have peace and happiness in your home. They should be able to see this. Therefore, will you make your home into heaven? Or, will you make the world, not your home, into heaven? It is only when you first make your home like this that it will have an impact on others. Otherwise, they would say that there is conflict in your home, that you don't have heaven there. Therefore, you mothers have to create such an atmosphere in your home that anyone who visits will only see the great transformation that you have brought about. Those who have become members, raise your hands! How many of you are *members*? (Members are over 5000 but a thousand have come.) A thousand is many. All of you who have raised your hands as *members*, how many of you have peace and happiness in your home? Yes, raise your hands! Stand up! Do you understand the question or have you just got up? Is your home heaven? Do you have peace in your home? Take their photograph! It is good.

Should we send your teachers to your home to have a look? You have courage anyway. Some of you have understood this whereas some haven't. It is good. If you still have a

little conflict at home, then first put your home right when you arrive back there. Then you will be able to serve the world. Is this OK? Even those of you who didn't raise your hand, you too should do this when you return home. Have good wishes! Don't answer back! Don't become angry! This will make a great difference. There are many such examples in the history of the yagya. They used to be beaten so much. They do beat you, do they not? You mothers having served them with your pure feelings have enabled them to belong to the Father. You may think that there is fighting in your home, that they beat you and that this happens or that something else happens. However, since anyone can change, are you not able to change? When you have good wishes and your behaviour changes, then they too will soften. If there isn't anger, they will also soften. Therefore, you mothers should first put your homes right and reform your children. OK, they may not listen to you, but let your interaction with them be with love. Do not defame knowledge. You can do at least this much! OK, they may still become angry, but no matter what they are like or whatever bad habits they have, they should at least say: "Our mother is very good." Although we are like this, our mother is very good." There should at least be this much impact! You should transform yourselves. Then, see how fast service grows. Mothers, is this all right? Very good. Look! Even your group has been given this chance. So you are lucky. Achcha.

The medical wing: Raise your hands! Since those of you from Global Hospital are also part of the medical wing you too should raise your hands. Are there any double foreigners in this group? The medical wing is able to serve very well. Why? Because the *patients* that come to you generally consider their doctor to be their god and so they have a deep feeling of love for them. When a doctor tells a patient that he mustn't eat something, he will not eat it out of fear. If it were their guru who told them, it is possible that they would not listen to him. So the medical wing has an easy method of serving people. You have to fix a separate time for those who come to you, because you are unable to do anything whilst working. Therefore, create a method so that your patients become even a little *interested*. Call them at some time and give them the message and introduction for 15 to 30 minutes. Then your service will continue to increase. Just to give a message is something different. They become happy with the message, but they do not become Raj Yogis. You have given them the message so many times! Even now, you made these pilgrimages by car etc. So many would have received the message. Some of you have had leaflets printed, others have invented another idea, others have held functions. However, unless they have an experience for even a short time, you won't be able to make them become *students*. You must have seen that the biggest successful result of service is of those who have attended the yoga camps or done the course. Through meditation they have had an experience and have been able to become *regular* students. So, you should create a way in which you can make them students. Those who are to become the 900,000 will not be those who have just received the message. The 900,000 are the first people of the golden age. So, it won't be those who have only received the message who will become this, but it will be those who have been regular students and have had some type of experience who are to become this. Therefore, create a method. You will also need those who have just taken the message, because it is said that there are 330 million deities at the end, and these are needed until the end of the iron age. However, you must prepare the 900,000 first. Will your subjects come just like that? You need to create the people over whom you are to rule. Therefore, enable them to experience

something. Those who have experienced something will not be able to let go of this. The work you are doing to remove someone's pain and suffering is good. The work you are doing is good, but you aren't removing their pain for all time. When they take their medicine, their illness is cured. However, when they stop taking their medicine, that illness may come back. Therefore, give them such medicine that no name or trace of that illness remains. That is *meditation*. Even so, you doctors, nurses and all of you who work at the hospital are definitely needed. Therefore, BapDada is pleased with you. When you doctors get together, BapDada is pleased with you because at least you are all useful for the Brahmin family! As the times become more and more delicate, their illnesses will also increase. Therefore, very good doctors are also needed. So BapDada is asking you doctors: You are very good in the *medical* work that you are doing, but do you have a *balance* of *medicine* and *meditation*? Just as you are busy in this work and are progressing, are you also moving ahead through *meditation* to the same extent? Are you making progress? Those of you who feel that you have a good *balance* of *meditation* and *medicine*, raise your hands! Take their photograph! All of you are going to be useful, and this is why your photo is being taken. Achcha.

BapDada gives importance to every profession. If even one organ of your body is missing, you would feel that lack. In the same way, every profession is very important. Therefore, BapDada's sees this group of doctors as a group of serviceable souls. Simply continue to give time to souls to serve them spiritually as well. Some doctors say that they don't have time. Even if you don't have time, no matter how busy you are, keep some printed cards with you on which you have attractive slogans. Tell them, if you want further good health, then this is the address of the centre close to where they live. Go there and experience this for yourself! Then give them a card. When you give them a prescription to tell them which medicine they have to take, you can also give them this card at the same time. It is possible that this arrow will hit some of them because they do pay attention to their doctors, and they all have a lot of *tension*. There is *tension* from the elements, *tension* in the family and *tension* in their minds. This is the medicine for a *tension-free life*. Give them something attractive like this in writing and you will build up your account of service. Some of you are doing this already, but those of you who are not doing this should start to do this. You are *double doctors*, not *single doctors*. Since you are *double doctors*, you must do *double service*. Are all of you OK in serving at your own places? Is there any conflict? Are you all OK? Achcha. Those who are not OK will not raise their hands out of embarrassment. By doing this double service, your worldly work will become very good, because you also receive power from doing service. Just as you receive power from yoga, knowledge, divine virtues and dharna, in the same way, you also receive power from service. You can receive a 100% marks in each of these subjects. Therefore, when you have accumulated all four powers, your marks will increase. You may have 50% in one subject and 75% in another, but added all together, your total marks will have increased. Therefore, continue to accumulate marks in all four subjects. Some of you children say that they have very little marks in one subject. When Baba tells you to keep a chart, you say that you have tried to do that, but, on that very day, your chart wasn't very good and that you therefore didn't write it. That is just an excuse. OK, your chart wasn't very good, but by writing it, you will be able to improve it. You are very clever in making up stories! Do you understand? Do you doctors want to claim a number in the first group or do you want come after them? You will come first, will you not?

Therefore, in order to come first, pay attention to this and increase your marks because you are not going to become doctors in the golden age. You have to become kings; you are Raj Yogis. Since you are Raj Yogis who have to become kings, you will have to pay attention! Achcha.

Those of you who are doing the *heart course*, raise your hands! (CAD patients have also come) The heart is OK, is it not? (Speaking to Dr. Satish Gupta) It is good that when there is an easy method to make everything all right there is double the benefit. There is medicine and also *meditation*. Therefore, you have a double account. You are settling one and building up the other. This benefit is very good. If you also think that this is very good, raise your hands! This is also very good *research*. If they become all right just like that, then that is very good. When anyone researches anything, what is that? They are inventing things using their thought power. The basis for any invention is concentration with your thought power. This is why you have been given a very good chance to do this. When you come to Madhuban, your illness decreases and your meditation increases. Achcha.

The servers from Bombay, stand up! Do you like this chance to serve? You have this excuse to get to know all the Brahmins. You get to know the Brahmin family and also a chance to come into the unlimited. The power you receive from serving is no less! Look at all the seniors whom you call Dadis; they have *extra* power. What power is this? The power of service. (Baba coughed.) This harmonium is not right.

They have been doing service since the beginning of the establishment of this yagya. All of you who are sitting here are the fruit of their hard work, their power of tolerance and their attitude of renunciation. They received power of that service and you received the fruit of that. You have heard the history of all of them. What did they not renounce? You have come at a time when everything has been readily prepared for you. They extracted the butter and you have come in time to eat it. You like this, do you not? There are also Pandavas here who have been here since the beginning. They too have renounced a great deal. Even now, when you hold a programme, you all ask for a Dadi to come. Therefore, the Dadis have the fortune of whatever they have renounced. There are many stories of all their renunciation. Even now, there are still many serviceable souls who are doing all-round service. They are the ones who have been here since the beginning and all of you serviceable souls of the present time are also very good. How many centres have been opened? If BapDada were to begin to praise each one individually, then the whole night would pass by. Each of you is praised, each of you has a certain speciality and you will continue to have it. Achcha.

BapDada told you to practise concentrating your mind in a second. When adverse situations suddenly come, you will be able to finish that problem with the power of your mind. That situation will just be something to teach you a lesson. Therefore, all of you must now concentrate your mind and intellect. See whether you are able to do this. (Baba conducted drill.) Continue to practise this throughout the day. Achcha.

To all you elevated souls everywhere; to all you souls who have played an elevated part in the beginning, the middle and at the end; to those who have experienced the successful

results of elevated thoughts; to those who, together with being easy yogis are also souls who experiment; to those who increase all their powers with their thought power; to those who pay full attention to their mind and intellect; to you children who constantly experiment, BapDada's love, remembrance and namaste.

BapDada is seeing all the children of this land and abroad. The love and remembrance you send through your thoughts and your heart-to-heart conversation reaches BapDada. Love and remembrance to all you children in every country wherever you may be listening to Baba through the power of science. Special love and remembrance to Janak because though she is physically sitting there, her mind is here. Therefore, special love and remembrance to each and every one of you.

(After BapDada gave drishti to everyone in the hall, the Dadis came and sat in front of BapDada)

Do you constantly consider yourselves to be the light of BapDada's eyes? By constantly being merged in Baba's eyes, you will constantly be merged in Baba's drishti. This is the special festivity of the Father and the children at the confluence age. To meet, to listen, to eat and drink with Baba is also the special festivity of the confluence age. You will all return home together whilst celebrating in this way. Then you will come down into your kingdom. You are going to rule your kingdom with Father Brahma. It is good! People of the world are constantly thinking and you are constantly celebrating. You don't have any thoughts as to what will happen or how something is going to happen, do you? You don't have any of these types of thoughts . Achcha.

Speaking to Sister Jayanti: You have come here. You have received a good part. You tour from one country to another and then another and continue to fly in this way and make others fly. BapDada is pleased. It is good.

Speaking to Dadis:

All the work is continuing to take place with the co-operation of all of you. You are the special co-operative arms. It is good. You have a good group. (Speaking to Mohiniben) You are also in this group, are you not? All of you are companions. All the work is happening with everyone's help. You have good helpers amongst the Pandavas too. This also is a company. You have all of those to look after the activities of this company, and you also have serviceable souls. You have everyone's help. It isn't that those who are abroad are not hands who serve the yagya. The hand of each child is engaged in serving the yagya. No matter where you are living, whether in this land or abroad, the yagya is functioning with the help of each one of you. You are the Brahmins who have created this yagya. You do consider yourselves to be those who have created the yagya, do you not? You are the children who are also the masters. Achcha.

*** OM SHANTI ***